



Revesby Workers' Little Athletics Centre

NEWSLETTER 2020/2021



Issue 5 - March 2021

Important Information

Revesby Workers Little Athletics Centre

Venue:

Western Sydney University
Bullecourt Ave, Milperra



Time:

Friday Nights
Arrive 6.00pm for 6.30pm start



Website:

www.revesbylac.org.au



Wet Weather :

Keep an eye on Facebook to get cancellation updates. Updates will not be posted prior to Friday afternoon.

First Aid:

Available at the canteen.



Committee:

President: Christine Butters

Vice President: Erin Austin

Secretary: Jackie Bottrill

Treasurer: Les Rolls

Registrar: Mikaela North

Publicity Officer: Stuart McGraw

Uniform Officer: Leanne Thompson/
Louise Anthony

Canteen Manager: Rebecca Taylor

Equipment Officer: Wayne Hunter

Records & Ranking Officer:

Bree McGraw

Championships Officer:

Belinda Delacour-Batch

Coaching Officer: Peter Bottrill

General Committee:

Christopher Batch

Mitchell Wise

Richard Newton

Anthony Tahhan

Luke Glas

Pheobe Bottrill

Patrons

Daryl Melham President RWC

Alan Ashton

RWC Liaison Director

John Rodwell

RWLAC Presidents Report - Christine Butters

The 12th March 2021 was the end of a very different season for Little Athletics. The parents, athletes and committee have worked together so positively to make the 2020-21 season as successful as possible in the current climate of Covid-19 restrictions and our Fun night on the 12th of March was a great culmination of this with the kids having a ball doing their cross-country run, tug of war, relays, canteen event and the colour run obstacle course. Not to mention the superb Mums' and Dads' race fought out with grim determination.

As I write my last newsletter report for the season, I listen to torrential rain falling and thank goodness that we were able to complete our season with minimal disruption. I take my hat off to our junior athletes who have spent the weekend competing at the LANSW Littles State Championships at Homebush in pouring rain and congratulate them all for their efforts and sportsmanship while wearing the RWLAC uniform with pride. Many PB's achieved and several medals as well. Congratulations to Khloe Hunter and Erin Cassilles on their medal performances. Best of luck to our senior athletes, Rhiannon, Niamh, Matilda, Anneka, Brooke, Cameron, Ben, Adam, Ciara and Brianna who will be competing on the last weekend of the month at the Youth State Championships.

A special mention also to the athletes from our Centre who nominated and competed in the Athletics NSW Junior Championships. While this is not a Little Athletics event, it is so good to see athletes from our Centre extending their reach, they were Rhiannon Bellette, Ciara Cassilles, Matilda Richards, Brianna Whitney, Niamh Mackenzie, Adam Pittman and Ben Pittman and to those who qualified for the NSW team to compete in the Australian Juniors to be held in April at SOPAC, Rhiannon, Ciara, Matilda and Niamh, a great effort. We look forward to seeing how you all go.

The end of the season also means a lot of activity for different committee members as we get organised for Presentation Night, trophy and award calculations and ordering, report writing for our Annual report, stocktake and budget and account finalisations. Thanks to all the Committee members involved and for all the time and effort you put in.

A number of you will be aware that the Revesby Workers' Club, (which is our major sponsor), usually holds an ANZAC Day march and service to which members of the sporting bodies, including Little Athletics are invited. This year's march and service will be conducted a little differently due to ongoing Covid restrictions and we are as yet unsure whether our athletes will be able to participate. More information will be sent by email when it is known.

As we go into the season break committee members will be working behind the scenes to try and facilitate a move to our new grounds. We have been working with Canterbury Bankstown Council for some years now and it is hoped that we will be able to start our 2021-22 season at a new facility at Kelso North, but again, more information will be emailed out to families when the future is known. Our Presentation Night is scheduled for Friday 30th April at Revesby Workers' Club and will be conducted in two sessions: U6-U10 athletes at 6.30pm and U11-U17 athletes at 7.45pm. We look forward to seeing you all there, watch out for email reminders and details in case things change.

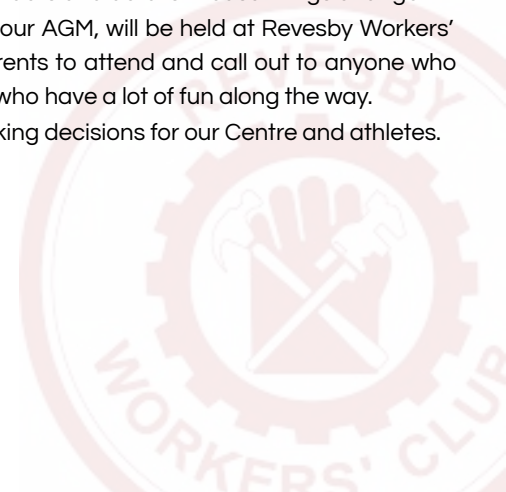
And last, but not least the business side of our Centre, our AGM, will be held at Revesby Workers' Club on Monday 10th May at 7.30pm. We welcome parents to attend and call out to anyone who may wish to join our Committee, a hard-working bunch who have a lot of fun along the way.

We would love to have a few more parents join us in making decisions for our Centre and athletes.

Until next time.....

Christine Butters

RWLAC President.



Revesby Workers Club Vice President - John Rodwell

On behalf of the Revesby Workers' Club I would like to congratulate the Little Athletics committee and all involved in running the club on a successful season, under sometimes trying conditions. The committee and parents responded extremely well to the COVID safe conditions under which the competition had to be conducted. As a Life Member as well as Liaison Director, I was especially proud of the determination shown at the beginning of the season to get the athletics up and running, then the good spirit in which the COVID safe precautions were implemented and followed all the way through. Results wise, the season was again successful, with a number of records broken and healthy participation in training and qualifying for the State Championships.

Planning for the move of the centre to the Kelso North sports area has continued over the past year with great input from the committee. At this time, Council has assured us the facilities will be in place for next season. The centre is in a good position financially to cope with the move, and Revesby Workers' Club will provide further support should it be needed.

The University Oval has been the home of the centre for over 20 years. While it will be terrific to enjoy the new and better facilities at Kelso, many of us in the future will look back on these years as a happy, friendly and productive time.

John Rodwell

Revesby Workers' Club Vice President
RWLAC Liaison Director

Upcoming Important Events

APRIL

30



**Presentation
Night 2021**

Revesby Workers' Club
auditorium

MAY

10



AGM
Annual General Meeting



**RWLAC
Annual General
Meeting 2021**

Revesby Workers' Club

End Of Season Fun Night

What a great way to end our 2020/21 season. Thank you to those athletes and families who joined us for our End of Season Fun Night. The Colour Run was definitely a hit and the parent races were also very popular and hotly contested. There was plenty of colour, energy and lots of fun had by our athletes and families. Best of all, the weather held out for us and conditions were perfect.



LANSW Littles State Championships

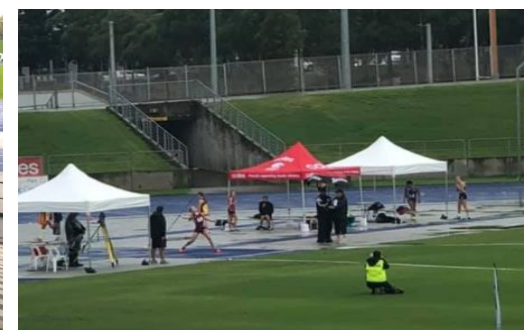
Congratulations to our 11 junior athletes (U9-U12) who competed at the LANSW Littles State Track and Field Championships at Sydney Olympic Park Athletics Centre on 20th and 21st March 2021. We are very proud of the achievements of our athletes and how they represented RWLAC across the weekend. Many PB's were achieved and we had a number of medal winners. It was also fantastic to see RWLAC friends and family come along to support the athletes across the days of the State Championships. A big thankyou to Christine, Mikaela, Jackie, Peter, Bree, Belinda and Stuart for volunteering their time over the weekend as officials and Team managers, as well as our athletes parents Wayne and Louise who assisted at events.

CONGRATULATIONS to our 2021 RWLAC U9-U12 State Championships Team

Khloe Hunter - U9/10G multi class 800m - 1st
Khloe Hunter - U9/10G multi class 200m - 1st
Erin Cassilles - U10G 1100m Walk - 3rd
Liliana Anthony-Ligaiviu - U10G 200m - 4th
Jacob Poole - U12B 1500m - 4th
Abby Freeman - U10G 200m - 5th
Cooper Hunter - U11B Discus - 5th
Amelia Lukunic - U12G Javelin - 5th
Charbel Khoury - U12B 1500m Walk - 5th



Liliana Anthony-Ligaiviu - U10G 100m - 6th
Jacob Poole - U12B 800m - 6th
Shea Cassilles - U10B 1500m - 7th
Aaron Pasnin - U9B 800m - 9th
Shea Cassilles - U10B 800m - 10th
Cooper Hunter - U11B Shot Put - 10th
Aaron Pasnin - U9B 400m - 11th
Khloe Hunter - U10G Discus - 12th
Abby Freeman - U10G 100m - 14th
Gabiella Ho - U9G 60m Hurdles - 15th



LANSW Youth State Championships

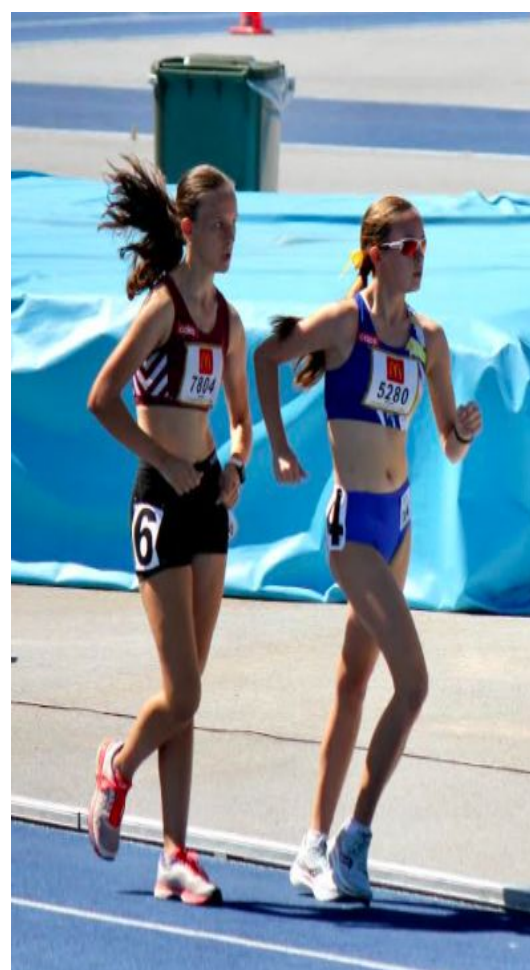
Congratulations to our 10 senior athletes (U13-U17) who competed at the LANSW Youth State Track and Field Championships at Sydney Olympic Park Athletics Centre on 27th and 28th March. We are very proud of the achievements of our athletes and how they represented RWLAC across the weekend. Many PB's were achieved and we had a number of medal winners. It was also fantastic to see RWLAC friends and family come along to support the athletes at the State Championships. A big thankyou to Christine, Mikaela, Jackie, Peter, Belinda and Erin for volunteering their time over the weekend as officials and Team managers, as well as our athletes parents Cindy and Carolyn who assisted at events.

CONGRATULATIONS to our 2021 RWLAC U13-U17 State Championships Team

Rhiannon Bellette U13/14G Shot Put multi class - 1st
 Rhiannon Bellette U13/14G Discus multi class - 1st
 Ciara Cassilles U14G 1500m Walk - 2nd
 Rhiannon Bellette U13/14G Long Jump multi class - 3rd
 Rhiannon Bellette U13/14G 800m multi class - 3rd
 Matilda Richards U13G 3000m - 4th
 Niamh Mackenzie U13G High Jump - 5th
 Matilda Richards U13G 1500m - 6th
 Anneka Oehlman U13G 3000m - 10th



Brianna Whitney U17G High Jump - 10th
 Benjamin Pittman U15B Shot Put - 11th
 Benjamin Pittman U15B Discus - 12th
 Brooke Hunter U14G Shot Put - 12th
 Adam Pittman U17B Shot Put - 13th
 Adam Pittman U17B Discus - 14th
 Niamh Mackenzie U13G Triple Jump - 15th
 Cameron Poole U14B 3000m - 21st



Athletics NSW Junior Championships

Congratulations to our athletes who competed at the Athletics NSW Junior Championships at SOPAC across the three days of competition on 12th, 13th, 14th March. A number of great podium results and PB's across our participating athletes.

Ciara Cassilles

U15 3km Walk - 2nd



Niamh Mackenzie

U15 High Jump - 2nd
U14 Triple Jump - 11th



Rhiannon Bellette U15 Ambulant

Discus - 1st
Shot Put - 1st
Long Jump - 2nd
100m, 800m - 4th



Brianna Whitney

U18 High Jump - 4th

Adam Pittman

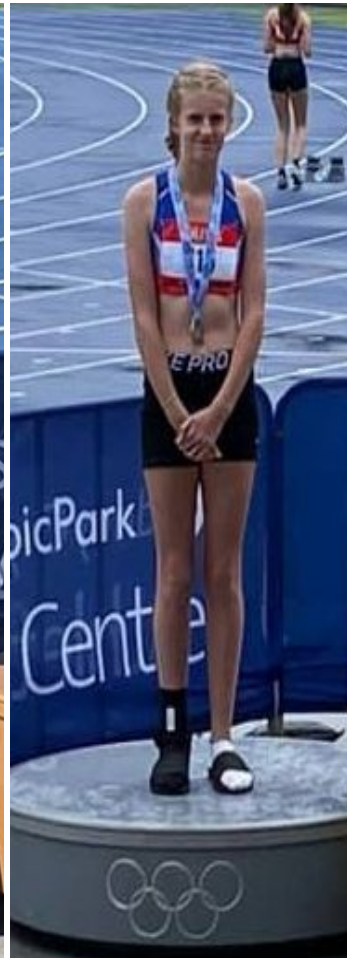
U17 Shot Put - 5th
U17 Discus - 8th

Ben Pittman

U16 Shot Put - 6th

Matilda Richards

U14 1500m - 6th
U15 3km - 10th



RWLAC Coaching

Cost is \$2.00 per athlete per session

We have a number of qualified coaches who provide coaching across a range of events. These sessions have a nominal cost of \$2 per athlete per session, which goes to the centre and will be put towards end of season awards.

If you would like more information about coaching please contact Peter Bottrill on 0407 904 146.

Middle Distance

(400m, 800m, 1500m, 3000m)

- 5pm Tuesdays and Thursdays
- U9 - U17
- Training will continue in the off-season
(contact Coach Peter 0407 904 146)

Race Walks

- 10am Saturdays
- U9 - U17
- Training will continue in the off-season
(contact Coach Bree 0414 376 082)

Straight Track & Blocks

(50m, 70m, 100m, 200m)

- 5pm Tuesdays
- U9 - U17 (Blocks U11 - U17)
- Training will continue in the off-season
(contact Coach Stuart 0407 237 904)



Congratulations

to the following athletes who
have broken Centre Records this
season

Ava Small

6 Girls

Shot Put - 3.81m

Jacob Poole

12 Boys

800m - 2:31.69

Jeremy Cannon

14 Boys

3000m - 10:58.77

Cameron Poole

14 Boys

3000m - 11:00.21

Winter Cross Country

Illawong Revesby Workers' Athletics is once again hosting a winter cross country program, open to all ages and abilities. This one is not just for the kids, the whole family is welcome to register and join in. Winter Cross Country is scheduled to commence Saturday 10th April and will be held every Saturday afternoon and is held at various locations each week (full program will be available soon). Each week there are lucky door prizes to be won. This is a fun, family friendly and very social event and a great way to keep fit for next season. Follow the RWLAC or 'Illawong Athletics' Facebook page for updates.



Thank you to our supporters

Thank you once again to Jeffries Printing for their professional service and quality, in designing and printing our end of season certificates for presentation night.

Thank you also to Merit Awards who have also continued to provide quality service for our end of season trophy purchases.

RWLAC has been a customer of these two businesses for more than 20 years.



5/71a Milperra Road, Revesby NSW, 2212
Ph: 02 9792 1377

MERIT AWARDS PTY LTD

138 Tower Street, Panania NSW, 2213
Ph: 02 9759 2762



If a record is broken within an event, this needs to be sighted, verified and signed by a RWLAC Committee member before the next athlete can continue with the event. Field event measurement tools must remain in place until the record is verified and signed by the RWLAC Committee member. Records that are not accompanied by a Committee members signature will not be valid.

Newsletter Content

If you would like to contribute any news, information contact:

Stuart McGraw
publicity@revesbyLAC.org.au

Do you have a small business that is interested in sponsoring RWLAC or could contribute to fortnightly meat/fruit or other raffles to support RWLAC? If you are interested please contact our Publicity Officer above.



Like and follow us on Facebook 'Revesby Workers Little Athletics Centre' to keep up to date notices about;

- Wet weather / cancellation
- Important updates
- Announcements
- Photos
- Athlete achievements and more



Thank you to our sponsors



coles



Little Athletics NSW Mission Statement

"Little Athletics NSW aspires to provide the community with recreational athletics activities that contribute to the healthy development of our children. Such activities will promote: Fun, Fitness, The development of skills, The building of character & self esteem, The fostering of good sportsmanship, In a safe, positive, family-friendly & inclusive environment"



RWLAC Mission Statement

"Revesby Workers Little Athletics Centre promotes fun, fitness & skills development in a friendly competitive environment while encouraging family participation, community spirit & values".