



Revesby Workers Little Athletics Centre NEWSLETTER 2018/2019

Issue 5 - March 2019

Important Information

Venue:

Western Sydney University
Bullecourt Ave, Milperra

Time:

Friday Nights
Arrive 6.00pm for 6.30pm start

Website:

www.revesbylac.org.au



Revesby Workers Little Athletics
Centre



Wet Weather :

Will be posted on Facebook & our
website as soon as cancellations are
known

First Aid:

Available at the canteen.

Committee:

President: Christine Butters

Vice President: Anthony Tahhan

Secretary: Jackie Bottrill

Treasurer: Les Rolls

Registrar: Mikaela North

Publicity Officer: Stuart McGraw

Uniform Officer: Leanne Thompson

Canteen Manager: Rebecca Taylor

Equipment Officer: Barry Butters

Records & Ranking Officer:

Bree McGraw

Championships Officer:

Erin Austin

Coaching Officer: Peter Bottrill

General Committee:

Louise Anthony

Christopher Batch

Wayne Hunter

Robert Keast

Benjamin North

Patrons

Daryl Melham President RWC

Alan Ashton

RWC Liaison Director

John Rodwell

Presidents Report - Christine Butters

This Newsletter brings to a close our 2018-19 season. As has been mentioned in Newsletters throughout the season we have been badly affected by weather conditions this season losing 6 competition nights because of rain, heat or electrical storms. We did some program modifications to ensure the children got a fairly balanced program in terms of events. On our last night we had 194 out of a possible 283 athletes in attendance and competing which is almost 68% of our registered athletes. I think the Slip n Slide at the end of the night contributed to the enthusiasm. In the post-Christmas period we had an average 66% of registered athletes attending which is heartening to see as this is generally a time when Clubs lose up to 50% of their members. As this Newsletter goes to publishing it will also be Presentation Night time which gives us an opportunity to celebrate our athletes' achievements from the season. Once again a big thank you to Bree McGraw our Records and Rankings Officer who has very quickly and efficiently put together the statistics ready for trophy engraving and certificate printing as we had a quick turnaround this season with only 2 weeks between competition end and Presentation night. Only last weekend the State Championships were held at SOPAC at Homebush. Our centre was represented by thirteen athletes. This is the largest representation for our Centre as long as I can remember and I congratulate Renee Penitani U12 Girls on winning the gold medal in the 60m Hurdles event. Also a big congratulations to Rhiannon Bellette who entered the Multiclass competition after only being at our Centre for a few months and she won a bronze medal in the U11-U12 Girls Shotput. The efforts of all our athletes under dreadfully wet conditions was admirable, very hard to achieve PB's but just to compete in such a competition is a major achievement. Thank you again to Mikaela who officiated in shotput at the championships, to Stuart who came out, took photos and supported both days and to all the parents and athletes for their tremendous support and sportsmanship. Further on in this Newsletter you will see information about the ANZAC Day March being hosted by our parent body, Revesby Workers' Club. As a sub-club we are invited to march with the other sub-clubs and partake in the ANZAC service held at the Club. I encourage as many athletes as possible to come along and participate, wearing their Little Athletics uniforms and marching as a group in commemoration of all those who have fought for Australia's freedom. We will be holding the AGM for our Little Athletics Centre on Monday 13th May at 7.30pm at Revesby Workers' Club and I invite all interested parents to come along and see what we do, perhaps nominate for general committee or even a key position. The Centre is only as good as all the people running it!

I close this report with a big thank you to all our parents for supporting your children in their participation at Little Athletics. And an even bigger thank you to all the committee members who go above and beyond throughout the season to ensure we have a safe and successful Centre with competition that is inclusive of all our athletes. Best wishes to our three Under 17 athletes who have now completed their Little Athletics career - Dylan Bennett, Phoebe Bottrill and Lachlan Wright. I wish you all well in whatever you do in the future and hope that you continue with athletics in the senior arena.

Enjoy the break, enjoy the winter sports and I look forward to welcoming many of you back next season.

Regards

Christine



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RWLAC Mission Statement



"Revesby Workers

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promotes fun, fitness & skills

development in a friendly

competitive environment

while encouraging family

participation, community

spirit & values".

Presentation Night

Our end of season presentation night will be held in the auditorium, **Revesby Workers Club on Friday 22nd March 2019.**

U6-U9 presentation will commence at 6.30pm.

U10-U17 presentation will commence at 7.30pm.

We encourage everyone to arrive early and ask that athletes and Age Managers sit with their respective age groups in front of the stage.

During the presentation please keep chatter to a minimum as this will facilitate the ability of everyone to hear what is happening and give due recognition to all of our athletes. If families are attending with toddlers, please keep them with you and do not allow them to run around at the back of the auditorium.

RWLAC Annual General Meeting

We have our AGM coming up on Monday 13th May in the function rooms at Revesby Workers Club. Commencing at 7.30pm with supper to follow. All committee positions will be elected for the 2019/2020 season. We would love to have more of our parent community involved in the running of our centre. Parents can get involved by joining our general committee, which involves attending committee meetings and having a say on the running of our centre and being involved in your child's sport. We will also be presenting our Annual Report and encourage parents to come along and find out what we have achieved this season and what our plans and aspirations are for next season. You don't have to join the committee to be able to attend the AGM, it is open to all. Even if you don't want to join the committee, we welcome you to come along to show support for our current committee to acknowledge their hard work and dedication.



AGM

Annual General Meeting



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LANSW State Track & Field Championships

The LANSW State Track & Field Championships were held over two days on 16th and 17th March at Sydney Olympic Park Athletics Centre. The weather conditions were terrible and officials said it was the worst conditions they had ever seen. Our athletes competed in pouring rain, with deep puddles on the track and inside the discus and shot put circles. Despite the weather conditions, our 13 State representatives all put in their best efforts and were still smiling at the end of their events. Congratulations to all 13 athletes, qualifying at State level is an outstanding achievement in itself.

Special congratulations to our two medallists:

Renee Penitani – GOLD in U12 Girls 60m Hurdles

Rhiannon Bellette – BRONZE in U11/12 Girls Multi Class Shot Put

Special thanks to the parents and families who braved the rain and the cold to cheer our Revesby kids on, special thanks to the Revesby athletes and families not competing at State who came out to cheer their friends on, as did several committee members. It was great for the kids competing to have such a positive presence there to support them. Thank you to our President Christine who spent the two days volunteering in the Call Room, our Secretary Mikaela who officiated both days on Shot Put and our Publicity Officer Stuart who spent the two days cheering on and taking photos of our athletes.



Our 13 State representatives:

Damon Beard - U9 Boys 800m

Rhiannon Bellette - U11/12 Girls Multi Class 100m, 800m, Long Jump, Shot Put

Ciara Cassilles - U12 Girls 1500m Walk

Shea Cassilles - U9 Boys 400m 800m

Brooke Hunter - U12 Girls Shot Put

Cooper Hunter - U9 Boys Discus, Shot Put

Niamh Mackenzie - U11 Girls Triple Jump

Scarlett McGraw - U10 Girls 1100m Walk

Abbie Pasnin - U9 Girls 400m 800m

Renee Penitani - U12 Girls 60m Hurdles, 100m, Long Jump, Triple Jump

Adam Pittman - U14 Boys Discus, Shot Put

Jacob Poole - U10 Boys 800m

Matilda Richards - U11 Girls 800m, 1500m

Records Broken



22/02/19

Jonah Austin

11 Boys

Discus 500g: 19.51m

Kael Austin

12 Boys

Shot Put 2kg: 8.77m

01/03/19

Kael Austin

12 Boys

Javelin 400g: 22.04m

08/03/19

Kael Austin

12 Boys

Shot Put 2kg: 9.00m

Shea Cassilles

9 Boys

800m: 2:47.41

Cooper Hunter

9 Boys

Discus 500g: 28.51m

Adam Pittman

14 Boys

Shot Put 3kg: 12.69m

LANSW State Cross Country

The annual LANSW State Cross Country Championships are being held on Saturday, 3rd August 2019 at Upjohn Park, Rydalmere. Entry will be available to registered athletes in the U7 to U17 age groups. Online entry will be available soon via the Athletics NSW portal. Entries will close at 9am on Wednesday, 24 July. All athletes receive a finisher's medal and top 3 placegetters in each age group will be awarded Gold, Silver, Bronze medals. Team medals are also awarded to the top 3 teams in each age group. Teams are the top 3 finishers from the same club in the same age group. Last year our U7 Girls won GOLD in the Team category and our U9 Girls won SILVER in the Team category. So encourage other athletes in your age group to register too and enjoy a fun day and a chance to win a medal.

Link for online registrations:

<http://www.lansw.com.au/Competition/Championships/State-Cross-Country-Road-Walk-Championships>



LANSW State Road Walks Championships

The annual LANSW State Road Walks Championships will once again be combined with the Athletics NSW Road Walking Championships.

Date and Venue TBA – keep an eye on our Facebook page as we will announce details once they have been announced by LANSW.

Entry will be available to registered athletes in the U9 to U17 age groups. Online entry will be available soon via the Athletics NSW portal. All athletes receive a finisher's medal and top 3 placegetters in each age group will be awarded Gold, Silver, Bronze medals. Team medals are also awarded to the top 3 teams in each age group. Teams are the top 3 finishers from the same club in the same age group. So encourage other athletes in your age group to register too and enjoy a fun day and a chance to win a medal.

Link for online registrations:

<http://www.lansw.com.au/Competition/Championships/State-Cross-Country-Road-Walk-Championships>



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Winter Cross Country

Illawong Revesby Workers Athletics is once again hosting a winter cross country program, open to all ages and abilities. This one is not just for the kids, the whole family is welcome to register and join in. Winter Cross Country will be held every Saturday afternoon and is held at various locations each week (full program will be available soon). Each week there are lucky door prizes to be won. This is a fun, family friendly and very social event and a great way to keep fit for next season. Cross Country commences on Saturday 6th April at Barden Ridge Athletics Track. The running times are as follows:

2km – 2.00pm

3km – 2.30pm

5/10km – 3.00pm

Search for 'Illawong Athletics' on Facebook for more information.



ANZAC Day

Our athletes and families are invited to attend the Revesby Workers Club Anzac Day March and Service on Thursday 25th April 2019, to commemorate the landing of ANZAC troops at Gallipoli. Athletes should wear their Little Athletics uniform and assemble together at Bankstown City YMCA (corner of River Road and Macarthur Avenue) at 10.15am. The March will commence at 10.30am down Macarthur Avenue to Revesby Workers Club and the Service will be held at the Cenotaph. Following the service we will take a group photo in front of the Cenotaph.

Thursday 25 April
ANZAC Day

You are invited to our ANZAC Day Service to commemorate the landing of ANZAC troops at Gallipoli.

When: Thursday 25 April 2019
Where: Revesby Workers' Club
Time: **10.30am** March from Bankstown City YMCA down Macarthur Ave to Revesby Workers' Club
10.45am ANZAC Day Service at Cenotaph

Two Up: Following the service Two Up will commence from 12.30pm in the Whitlam Theatre.

Lest We Forget

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Contacts

Thank you to our sponsors

Newsletter Content

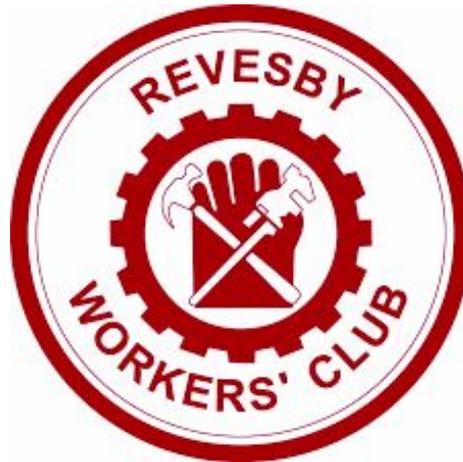
If you would like to contribute any news, information etc contact:

Stuart McGraw
publicity@revesbyLAC.org.au

Do you have a small business that is interested in sponsoring RWLAC or could contribute to fortnightly meat/fruit or other raffles to support RWLAC? If you are interested please contact our Publicity Officer above.



All important updates, announcements, photos, athlete achievements and also wet weather / cancellation notices will be posted on our Facebook page. This is the best way to keep up to date.



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Little Athletics NSW Mission Statement

"Little Athletics NSW aspires to provide the community with recreational athletics activities that contribute to the healthy development of our children. Such activities will promote:- Fun, Fitness, The development of skills, The building of character & self esteem, The fostering of good sportsmanship, In a safe, positive, family-friendly & inclusive environment"

