



# Revesby Workers Little Athletics Centre

## NEWSLETTER 2019/2020

Issue 4 - April 2020

### Important Information

**Venue:**

Western Sydney University  
Bullecourt Ave, Milperra

**Time:**

Friday Nights  
Arrive 6.00pm for 6.30pm start

**Website:**

[www.revesbylac.org.au](http://www.revesbylac.org.au)



Revesby Workers Little Athletics Centre

**Wet Weather :**

Will be posted on Facebook & our website as soon as cancellations are known

**First Aid:**

Available at the canteen.

**Committee:**

**President:** Christine Butters

**Vice President:** Erin Austin

**Secretary:** Jackie Bottrill

**Treasurer:** Les Rolls

**Registrar:** Mikaela North

**Publicity Officer:** Stuart McGraw

**Uniform Officer:** Leanne Thompson

**Canteen Manager:** Rebecca Taylor

**Equipment Officer:** Barry Butters/  
Wayne Hunter

**Records & Ranking Officer:**

Bree McGraw

**Championships Officer:**

Belinda Delacour-Batch

**Officer for Officials:** Louise Anthony

**Coaching Officer:** Peter Bottrill

**General Committee:**

Christopher Batch

Wayne Hunter

Robert Keast

Richard Newton

Benjamin North

Anthony Tahhan

**Patrons**

Daryl Melham President RWC

Alan Ashton

**RWC Liaison Director**

John Rodwell

### Presidents Report - Christine Butters

This is our final Newsletter for the 2019-2020 season and as I write this I am listening to the wind and rain outside which reminds me of so many of our competition nights throughout the season being affected by the weather. Nevertheless we managed to complete our season and went out with a bang with a hastily prepared Saturday afternoon competition to try and get programmed events completed. As this was done at short notice I know a lot of our regular athletes missed out due to other engagements, however we had over 150 athletes and families in attendance enjoying the competition, giveaways and slip and slide fun at the end of the afternoon. Thanks to those parents and committee members who made this possible. The committee may look to feature this in next year's program too!

A big thank you also to Barry, Stuart, Leanne, Erin, Jackie, Mikaela and Les who came along the following week to pack away and stocktake our equipment for the end of season requirements. We have a few repairs to be done in the off season and having this organised early is integral to getting our new season up and running.

Exciting news for our athletes too... We were successful in securing a Federal Government grant via Mr Jason Clare MP and have purchased electronic starting gates. The track officials will learn how to use them in the off season ready for the start of our new season. We are continuing to work with Canterbury Bankstown Council on our ground move but this will not be ready for the 2020-2021 season so we are in negotiation with WSU to stay at the Milperra grounds for another season. Keep an eye on our Facebook page closer to August for any updates.

Mention has been made as you read through the Newsletter of our 24 athletes who qualified for State Championships which were subsequently cancelled. This was a big disappointment for all these athletes, their families and of course for us as a Centre as this was our largest number of qualifiers in the time I have been involved with the Centre. We are all very proud of you despite not being able to finish off your season completely.

Other postponements are mentioned as well including the Presentation Night, the 40th Anniversary and our AGM. We hope that when the COVID-19 health pandemic subsides and we can all start mixing again we will be able to hold all these events and that you, as our athletics family, will support us in our endeavours.

At the end of this very mixed up season I wish you all good health and happy social distancing!

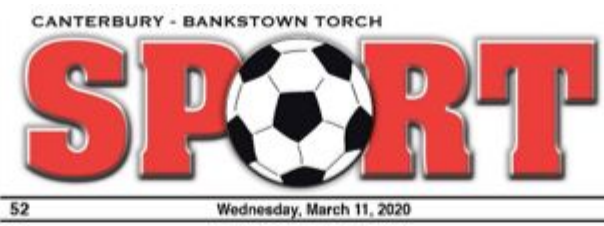
*Christine Butters*

### State Championships

Unfortunately the State Championships were cancelled by Little Athletics NSW following Government advice regarding cancellation of public events due to the pandemic status for COVID-19. Whilst disappointing for our athletes who have worked extremely hard this season to qualify, they should be very proud of their achievements this season. We hope to have a record number of RWLAC athletes competing at Zone, Region and State again next season.



Our State Squad was featured in the local Canterbury-Bankstown Torch newspaper



## Our best takes on NSW



Revesby Workers' Little Athletics Club members - Liliana Anthony-Ligaiviu, Damon Beard, Rhiannon Bellette, Jake Bender, Elijah Bluvanus Heather, Holly Carr, Mitchell Carroll, Clara Cassilles, Erin Cassilles, Shea Cassilles, Ryleigh Delacour-Batch, Brooke Hunter, Cooper Hunter, Khloe Hunter, Charbel Khoury, Niamh Mackenzie, Scarlett McGraw, Abbie Pasnin, Adam Pittman, Jacob Poole, Andarawis Ramadan, Matilda Richards, Wanda Skuodas, Brianna Whitney - are excited about qualifying for the State Track and Field Championships.





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## RWLAC 40th Anniversary Celebration

While our 40th Anniversary celebration has regrettably been postponed, we are determined to make sure we celebrate this wonderful milestone for the centre with past and present athletes and members. For updates and information on this event follow us on Facebook.



**POSTPONED**

## Winter Cross Country

Illawong Revesby Workers Athletics is once again hosting a winter cross country program, open to all ages and abilities. This one is not just for the kids, the whole family is welcome to register and join in. Winter Cross Country will be held every Saturday afternoon and is held at various locations each week (full program will be available soon). Each week there are lucky door prizes to be won. This is a fun, family friendly and very social event and a great way to keep fit for next season. While a confirmed date is yet to be determined for the Winter Cross Country season due to the current social restrictions, follow the RWLAC or 'Illawong Athletics' Facebook page for updates.



### Important Information

The Committee has decided that we wish to properly recognise all our athletes achievements and support our age managers and others for their assistance in running our Centre. Rather than just publish the names of all the award winners we are holding on to the hope of having a Presentation event, hopefully before the commencement of our next season. A confirmed date for our Presentation night will be communicated in the near future, so follow our Facebook page for updates.



## Presentation Night 2020



## AGM

Annual General Meeting

Due to the current health restrictions imposed by authorities our AGM has been postponed. As per advice by LANSW, we have up to 6 months from the end of our financial year to hold the event. A confirmed date for our AGM will be communicated in the near future so follow our Facebook page for updates.

We would love to have more of our parent community involved in the running of our centre. Parents can get involved by joining our general committee, which involves attending committee meetings and having a say on the running of our centre and being involved in your child's sport.

We will also be presenting our Annual Report at our AGM and encourage parents to come along and find out what we have achieved this season and what our plans and aspirations are for next season. You don't have to join the committee to be able to attend the AGM, it is open to all. Even if you don't want to join the committee, we welcome you to come along to show support for our current committee to acknowledge their hard work and dedication.



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### New Centre Records



Erin Casilles  
9 Girls

700m Walk - 4:06.43s

Max Farrugia  
10 Boys

1100m Walk - 6:59.93s

Shea Cassilles  
10 Boys

800m - 2:40.34s

Amelia Lukunic  
11 Girls

80m Hurdles - 17.07s

Discus - 26.14m

Javelin - 17.58m

Paige Wise

12 Girls

Javelin - 18.24m

Ciara Cassilles  
13 Girls

3000m - 12:04.30s

Brianna Whitney  
17 Girls

High Jump - 1.55m

Mitchell Carroll  
17 Boys  
100m - 12.34s

### Club Captains 2019/2020

#### Club Captains:

Brianna Whitney & Mitchell Carroll

#### Club Vice Captains:

Elizabeth Rolls & Jack Exton



### LANSW State Cross Country

The annual LANSW State Cross Country Championships are being held on Sunday, **5th July 2020** at West Dapto. Entry will be available to registered athletes in the U8 to U17 age groups. Online entry will be available soon via the Athletics NSW portal. All athletes receive a finisher's medal and top 3 placegetters in each age group will be awarded Gold, Silver, Bronze medals. Team medals are also awarded to the top 3 teams in each age group. Teams are the top 3 finishers from the same centre in the same age group. So encourage other athletes in your age group to register too and enjoy a fun day and a chance to win a medal. Don't forget to follow our Facebook page for further updates and information.

Link for online registrations:

<http://lansw.com.au/state-cross-country-road-walk-championships/>

### LANSW State Road Walk Championships

The annual LANSW State Road Walk Championships will once again be combined with the Athletics NSW Road Walking Championships, on **Sunday 21st June** at Penrith International Regatta Centre. Entry will be available to registered athletes in the U9 to U17 age groups. Online entry will be available soon via the Athletics NSW portal. All athletes receive a finisher's medal and top 3 placegetters in each age group will be awarded Gold, Silver, Bronze medals. Team medals are also awarded to the top 3 teams in each age group. Teams are the top 3 finishers from the same centre in the same age group. So encourage other athletes in your age group to register too and enjoy a fun day and a chance to win a medal. Don't forget to follow our Facebook page for further updates and information.

Link for online registrations:

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Contacts

Thank you to our sponsors

### Newsletter Content

If you would like to contribute any news, information contact:

**Stuart McGraw**  
[publicity@revesbyLAC.org.au](mailto:publicity@revesbyLAC.org.au)

Do you have a small business that is interested in sponsoring RWLAC or could contribute to fortnightly meat/fruit or other raffles to support RWLAC? If you are interested please contact our Publicity Officer above.



All important updates, announcements, photos, athlete achievements and also wet weather / cancellation notices will be posted on our Facebook page. This is the best way to keep up to date.



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### Little Athletics NSW Mission Statement

*"Little Athletics NSW aspires to provide the community with recreational athletics activities that contribute to the healthy development of our children. Such activities will promote:- Fun, Fitness, The development of skills, The building of character & self esteem, The fostering of good sportsmanship, In a safe, positive, family- friendly & inclusive environment"*

